

November,
2020

ILNAWGJ NOTES

“IN”

Welcome to the November “IN”. The 2020 – 2021 season has begun. There will be ups and downs but we are underway. Linda has an article about what to expect this season amid the COVID-19 pandemic. Be prepared for the unexpected and you won’t be surprised or disappointed with the meets you are assigned to. Here are a few things you can do to get prepared for the season.

- 1- Find your judging bag.
- 2- Clean out your judging bag of old candy wrappers and other things that have a past due expiration date.
- 3- Update both your Code of Points and your Xcel Code.
- 4- Prepare your scoresheets or notebooks to record routines.
- 5- Make sure your expense sheets are in your bag.
- 6- Organize and update all cheat sheets you use during a meet.
- 7- Sharpen your pencils or make sure the pens in your bag still work.
- 8- Put hand sanitizer and wipes in your bag.
- 9- Find your uniform and make sure everything fits and is clean.
- 10- While you are looking for things, locate your boots and other cold weather stuff.
- 11- Facilities may have adjusted their HVAC systems to assist in air circulation so gyms may seem a little more drafty or cool. Be prepared with another layer of clothing to wear under your uniform.
- 12- Be flexible and adapt to the new and unusual.
- 13- Good luck!!

I’m interested in what you would like to see included in the “IN”. You can contact me, Kathy Krebs, at: kmkrebs@comcast.net

NOTEWORTHY NOTES FROM YOUR SJD – Linda McDonald

November has arrived and there are meets on the books! With COVID numbers rising, many of you are wondering, will they really happen? For all involved, judges-gymnasts-coaches-club owners, I hope we have meets. I hope we have a season! What can we do as judges to ensure our safety during this pandemic?

- The Ten for 10 checklists for every meet are on our website. Make sure you look at what the meet director is providing before you accept your contract.
- Rules and regulations change daily and are different depending on region. Stay up to date by visiting the IDPH website <http://dph.illinois.gov/covid19>
- Judging sick is not an option. If you are ill, feeling ill, have any symptoms of COVID, you must call off your assignment. Even if it is the morning of the meet or day two of a meet and you are in the hotel, you must contact the assigner and you may not judge!
- Contacting an assigner means actually speaking to them! A text message or email is not acceptable. You must call and speak to them even if it is 4:00am!
- There will be no consequences for calling in sick. Gymjas has an alternate feature. Alternates will be placed on meets to cover last minute replacements.
- Sessions will be smaller in order to be in compliance with the guidelines. At this time sessions are being kept to 50-60 gymnasts.
- There will be more time between sessions. Most meets will be doing awards on the floor, if done at all, to avoid moving a crowd into another area. By not having an awards area this also gives more gym area to space out equipment. Spectators from one session will need to exit before the next session will be allowed into the gym. Come prepared for extra down time.
- Be prepared to enter your own scores into keypads. Even on beam! You will not have a volunteer to do this. Volunteer help will be kept to a minimum because each person on the floor factors into the number of people allowed in the facility.
- USAG Illinois has voted one judge panels to be acceptable at Levels 2-3-4-XB-XS-XG. Again, this is to reduce the number of people on the floor. Four judge panels at 9/10 state have also been taken away for the reason of reducing numbers on the floor.

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- Each facility will have their own rules. Temperatures may be taken when entering a facility. There may be a form you need to complete. Masks may be required. Judges need to comply with the regulations and provide a safe environment for all involved.
- Most gyms will have sanitizing stations at each event. Judges may want to come prepared with their own wipes and sanitizer to be on the safe side.
- This year we must all be flexible. Meets may cancel. Last minute changes may take place due to schedule changes or a judge calling in sick. Please stay positive and be part of the solution and not part of the problem.

Together we will get through this pandemic. Everyone has their own comfort level. Please be respectful of your judging partners. Wear your mask, keep your distance, stay safe, and let's do everything in our power to have a season!

