

December,
2021

ILNAWGJ NOTES

“IN”

HAPPY HOLIDAYS EVERYONE!

It's hard to believe that we are at the end of 2021. While the competitive year has begun, there are always unexpected changes along the way. Be sure to update your availability frequently. A new meet may be added to the schedule or a judge needs to be replaced. Making yourself available in Gymjas gives the assigners options when someone needs to be replaced.

The 2021 Judges Cup goes into the books as a very successful meet. Lots and lots of positive comments from coaches and parents about the meet. Congratulations, Ellen McDermott, on your first Judges Cup! AND a great big THANK YOU to all of our members who gave so generously of their time for a successful meet.

In this edition you will find a message from Linda, Shareable News, a wrap-up article about Judges Cup from Ellen, Kathy Gebhardt's Education Corner with the latest information about the very good compulsory questions submitted by Shane Sanders, Renee Tubbs and Kim Dyer.



I'm interested in what you would like to see included in the "IN" or any other comments you may have. You can contact me, **Kathy Krebs** at ilnawgjkathy@gmail.com.

**NOTEWORTHY NOTES FROM YOUR SJD
LINDA MCDONALD**

Judges Cup 2021 was a huge success! Thanks to Ellen McDermott and each and every one of you. The success of this meet depends on our amazing judges! Thanks for all your efforts.

I was honored to speak at Dianne Durham’s celebration of life. It was a wonderful celebration that included the 1984 Olympic team, family and friends. I’m sure she is smiling from above.

We had one nomination for the Green Flag Award, Dianne Durham. Dianne will receive this year’s GREEN FLAG AWARD.

As the year comes to a close, we can only hope for a world free of COVID. Please be mindful and respectful of everyone and the rules set forth by the Governor and IDPH. Everyone’s efforts to provide safe competitions will ensure we have a season.

Wishing you all the joys of the holidays and a happy new year!



WHAT’S UP WITH JUDGES CUP – Ellen McDermott

Thank you to everyone who participated in the 2021 IL Judges Cup at the Adventure Commons November 12-14!

With this meet being one of the most highly anticipated events of the year for many clubs in Illinois, our organization delivered as usual with a high level of positive energy, teamwork, and willingness to help. With roughly 30 clubs and 800 gymnasts from every corner of the state, this was quite an impressive turnout, especially with our current climate and having to adjust to a Judges Cup “On-the-Go” last year. This shows that our gymnastics community is excited about what the IL Judges Cup has to offer, and was eager to come back this year!

There were a variety of jobs that needed to be filled, and it was impressive to see each judge bring their own special touch to each role.

Starting at Admissions, we had a record-breaking number of spectators come to watch their favorite gymnasts! Sue and her team at the front door set the tone for a fun and pleasurable experience for families & friends. Thanks to all of you for your smiles, patience, ability to multi-task, and placing customer service as your top priority.

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Things also went very smoothly at T-Shirt headquarters. GymTreasures and our judges worked together to make sure each gymnast received the size they wanted, even if the size they ordered was different. Thanks to Cheryl, Kathie and their distribution team for your diligence, and bringing a smile to each gymnasts' face with a cute new meet shirt!

The Hospitality room was of utter importance, so many thanks to Stacey and her support team for organizing and maintaining a hospitable environment for judges, coaches, and volunteers to eat, decompress with friends, and gear up for the next session. Thanks also to those who donated treats, drinks, and coolers—from what I hear, no one went hungry!

The new compulsory routines are now in full force, and it was wonderful for coaches and gymnasts to get the valuable feedback from our judges who know these routines inside & out! They weren't going to get this new information just anywhere, so thanks to those who judged and critiqued. Your knowledge and passion for these new exercises will most certainly invigorate coaches and gymnasts, and aid in making our IL gymnasts the best they can be!

Some of you had a variety of jobs all weekend long—going from floater to fall timer, score runner to awards announcing, to garbage patrol, judging, announcing, or filling in wherever your instincts took you—you are all multi-talented Super-Stars!

For those of you who came in early on Friday to help set-up, and/or stayed late on Sunday to take-down, thank you for going above and beyond. There is no way things could have gone as well as they did without each of you chipping in wherever and whenever you could. No matter what your assignments were, please know that your hard work, flexibility and desire to produce a successful event were noticed, and your efforts and talents are so appreciated!

Lastly, I would like to extend HUGE THANKS to our SJD, Linda—your support from start to finish was unbelievable & invaluable! Brooke, thanks for your JC road map and insight from experience—and to both of you for your excellent ProScore tutorial skills!

Kathy K—thank you for serving us as the Meet Referee again. Your guidance and helpful tips put me at ease. Thanks also to those of you who reached out to me during the planning phase with your words of wisdom and positivity. Thank you for having confidence in me as I navigated my first go as the JC chairperson.

If you have any ideas & suggestions for next year, please feel free to reach out to me at judgescupellen@gmail.com. There is already a running list with ideas for next year, and any and all feedback is more than welcome!

If you did not partake in the JC this year, perhaps next year you will consider joining in the fun! Keep in mind—the sole purpose of the Judges Cup is to support the educational needs of our judges. That means YOU! It was a pleasure to be of service to the IL NAWGJ this year, and I look forward to helping make JC 2022 another experience filled with excitement, sharing and camaraderie.

Ellen McDermott
ILNAWGJ Board Member
Judges Cup Chairperson

THE EDUCATION CORNER – KATHY GEBHARDT

“IN”

Kathy compiled the list of questions from Shane, Renee and Kim and sent them to Windee Weis for clarification. The following is the response from Windee to Kathy.

Hi there!
Happy Thanksgiving!!!

Here is what I have for you:

1. Leap pass- gymnast does a 90 degree turn rather than 135.... Provided that the gymnast is still going “in the correct direction” for the leap pass, then this would be a text error. However, if it also makes her go in the wrong direction for the remaining of her floor routine, then you would also have .30 for directional error.

My guess though, is that if she only did a 90 degree turn then she also had a previous text error on the first hop because she is now facing the wrong way on the side chasse (belly toward center of the floor vs facing out)- if this is the case, then you could have a .10 deduction for directional error of a small part. So, sorry, but it would depend on what lead up to her only turning 90 degrees.

2. Handstand on beam to vertical, fall over, climb back up and resume routine? If the gymnast does not “repeat” the handstand- then she loses .50 for the fall, plus half the value of the element - she did half the element. If she climbed up and did a handstand step down, then resumed- then you would “give her back” the second half of the element.

3. Pike for back extension: this is a good question. I can see both sides to this. They strongly emphasized ‘NO PIKE” in every clinic, but also emphasized that practically anything the gymnast does (extra steps, entry into back ext etc) is a text error. I can ask Tom to be sure- but I think it is reasonable to take the .10 for body position error, but I would not take any more than that. But I could also see marking a big T for it as well. I will double check.

4. Level 3 bar dismount: think of the bar dismount in 3 phases: phase 1- cast put your feet on (worth .20 of the .60); phase 2: squat position on low bar with weight on feet, shoulders over the bar (worth .20 of the .6), then phase 3: jumping over the bar (the last .20 of the .60).

So, we always have to ask- how much of each phase did she complete? If she gets her feet on, but there is no way in heck she is going over that bar: .50 for the fall, then she would lose .40 (phase 2 & phase 3) of the .60 of skill value

If she gets her feet on, and could have made it over, but flakes out and falls on the wrong side:

.50 for the fall, then she would only lose .20 of the .6 because she completed phase 1 and 2

Regardless though, if a gymnast gets up back up, climbs up (spiders up) and jumps over, she then gets credit for phase 3 of the dismount.

So, it is possible for a gymnast to “miss out” on that middle phase 2 of the skill.

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“IN”

For the shoot through scenario, yes that is .50 plus half the value (.30). I specifically asked Linda Thorberg about that one earlier this summer.

I hope this helps! For that level 3 dismount, it really depends on whether or not the gymnast “could have made it or not”- those that “fake it” and are pushing back as they try to get feet on, should be penalized more than those that actually are on top of the bar with weight on feet prior to falling back.

I will ask Tom about the back extension scenario. :)

Take care!
Windee



SHAREABLE NEWS

It is with deep sympathy to share with you the passing of Liz Berg’s mom. Sandra Green passed on November 12, 2021 due to pancreatic cancer. Be sure to keep Liz and her family in your thoughts and prayers during this difficult time.

