Newsletter

SEPTEMBER 2023

WWW.ILNAWGJ.COM

CALENDAR OF EVENTS

- Sep All proof of Credentials due
 - email NGA proof of membership if you are a member
 - tanya.ilnawgjadmassist@gmail.com
- Sept 1st PIF available
 - A requirement if wanting to judge a State, Regional or National Competition
- Sept 9th-10th ILNAWGJ Committee
 - o "In-Person" workshop
- Sept 16th National Gymnastics Day
- Sept 22ND 24TH Forward Momentum Camp
 - Mokena, IL Gym-Kinetics
- October 8th First Assigning Meeting
- Nov 10th-12th -ILNAWGJ Judge's Cup



Kristen Ciabattari - L4/5 Alyssa Rich - L4/5

Please help welcome our newest judges in Illinois!

Important Links

- Joint Xcel/Technical Committee meeting minutes May 16, 2023
- Xcel Committee minutes May 16-17, 2023
- <u>Joint Dev Program/Technical Meeting Minutes May 15,</u> 2023
- Dev Program Committee meeting minutes May 15, 2023
- Technical Committee minutes May 15-17,2023

TOP NEWS

- ALL NEW JUDGES, LOOK AT PAGE
 3. OUR EDUCATION CHAIR, CHRISTI KEARNS HAS GREAT ADVICE FOR YOU TO GET STARTED.
- NEW THIS YEAR! 3 ALTERNATES
 WILL BE ASSIGNED TO EACH STATE
 MEET. COMPLETE YOUR PIF.
- AAU MEMBERSHIP NOT NEEDED TO JUDGE AAU MEETS. READ ALL THE DETAILS ON PAGE 5.
- IT'S YOUR RESPONSIBILITY TO UPDATE NAWGJ, USAGYMNASTICS AND GYMJAS. FIRST ASSIGNING MEETING ON OCTOBER 8TH. YOU WILL NOT BE ASSIGNED IF NOT UP TO DATE.

Checklist for 23-24 season

- 1.Update your USA Gymnastics membership (background, safesport, etc.)
- 2.Make region 5 your club affiliation on USA Gymnastics (club # 932028)
- 3. Update GymJas (all expiration dates)
- 4. Enter your availability in GymJas
- 5.Pay NAWGJ dues (unless already paid through IL-NAWGJ)
- 6. Update your NAWGJ Profile



Hello Illinois Judges!!

We are gearing up for an exciting and extremely busy season again this year. One thing that we are continuing is a mentoring program for all judges. We will be pairing National and Level 10 judges with new judges all the way up through level 9. We need more judges and we need your help!! Newer judges, please let us know if you have been working with a judge who has been helping you so far. Level 10 / National judges please let us know if you have someone that you know that is interested in testing so that we can pair them with you for mentoring. If you currently already have a mentor, you will still be paired with your mentor. We are excited to help make our Illinois Judges the best that we can be. We will be reaching out to everyone after the committee meeting to let you know who your mentors / mentees will be.

Mentors, once you know who you will be mentoring, please reach out to them and let them know your background in judging and find out how they would best like your help. We will be adding some guidelines and goals to help you move forward with your Mentees!

Thanks so much!!
Christi Kearns
Illinois Education Chair
educationchristi@gmail.com

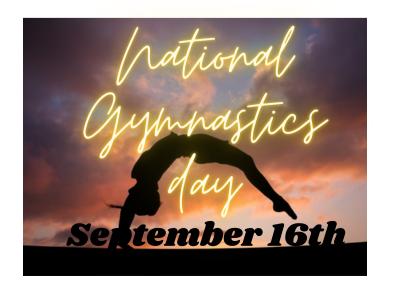
Do you know about these new deductions?

Development & XCEL Program

1. Medium Step - <u>0.15</u>

XCEL Program - Bronze Vault 2

1. Double Bounce on Vault board = 0.3





New Judges: Words of wisdom from the Education Chair

Thank you for the opportunity to serve as your education chair once again! I hope that everyone is excited to use all their new knowledge from the National Symposium and Region 5 Congress! It is that time again, time to dust off your judging pens and get ready for the season. Your mentor can make excellent suggestions on what goes into your bag but here are the basics to get your judging bag meet ready:

Xcel Code, DP Optional Code, and DP Compulsory Book- These can be in many different forms. You can have the hard copy of the book, the mini book, or the digital version.

Start Value Chart. You will need a start value chart for all levels of Xcel and Level 6-10 in DP.

Neutral Deductions Chart: You will need this if you are a head judge. New judges will get experience being a head judge very early on in your judging career so it is a great idea to order this.

Expense Voucher Sheets: These will be given to you by the SJD. Please see the SJD if you do not have these.

Pens!! Lots of pens- find the pen that works for you. Sometimes you have 12 plus hours of judging. You need a pen that writes fast and fits your hand comfortably. Some judges prefer to alternate different color pens on different routines so that if their shorthand wanders up into the previous routine, they don't accidentally get confused.

Paper- Have a notebook or scratch paper for judging on. Some meets will give you their scratch paper as it comes available, but always have some on hand for back up.

"Cheat Sheet" Items- These can be flip charts, pages printed off the NAWGJ website, items purchased from the NAWGJ library, etc. Find what works for you and go with it!! Each year you need to make sure that these items are up to date and corrected with the new changes for the season. Your mentor can help you find items that work for you! Here are links to the NAWGJ website to find all of the updates since this routine cycle began:

It is also extremely handy to have a small arsenal of meds/ kleenex in your bag. Cough drops, Ibuprofen, etc may be needed throughout the day but often there is no time to go make these purchases because you are required to stay on site from report time until the final session ends and you have been released by your meet referee.

Hope you have a fabulous season! Christi Kearns Education Chair

Link to Updates

https://nawgj.org/https-usagym-org/updates/

Please contact me if you are a new judge and need me to help assign you a mentor! Educationchristi@gmail.com



Illinois NAWGJ Judges' Cup 2023 Critique Meet

Coaches will receive a verbal critique of all routines!

Judges will answer coach's questions after each rotation and talk to the gymnasts!

Free t-shirt for all competitors!

November 10-12, 2023 Adventure Commons 70 Ken Hayes Drive, Bourbonnais, IL

Entry Fee: Level 2-10 and Xcel - \$130.00 Team - Free

Awards: Per session. Individual placement medals for all four events and all-around. Every team with 3 or more athletes will automatically be entered into team competition.

Entries will be done through USA Gymnastics Meet Reservations for competitors.

To enter go to usagym.org. Click on My Profile, login and click Meet Reservations on the left.

Mailcheckto: HeatherForbes-IllinoisSJD Checksmadepayableto:ILNAWGJ 1170 White Chapel Lane, Algonquin, IL 60102

Competition Format: Modified Traditional. Equipment will be AAI.

National Judges Cup: Once again IL NAWGJ will be sending a Level 7 team of six girls to represent Illinois in the National Judges Cup. Illinois NAWGJ will provide entry fees. The team representing Illinois will receive a warm-up provided by Gym Treasures.

The 2024 National Judges Cup will be held in Tinley Park, Illinois January 5-7, 2024.

Thanks for supporting the judges of Illinois! We look forward to seeing you at Judges' Cup!

AAU Gymnastics Membership News

Please note the following update that is effective immediately and will be included in our revised AAU Gymnastics National Handbook by the beginning of the membership year (Sept 1). This has been approved by the AAU Insurance carrier, officers and board.

AAU Gymnastics contracts credentialed officials through the National Association of Women's Gymnastics Judges (NAWGJ). Judges have the option of obtaining an AAU non-athlete membership for additional benefits while participating in AAU activities.

Please let me know if you have any questions. Thank you for all you do!

Linda McDonald

AAU Central District Chair and Adult Program Coordinator

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IL NAWGJ Committee Contact Information

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