

"IN"

Newsletter

JULY 2024

WWW.ILNAWGJ.COM

CALENDAR OF EVENTS

- July 2 - ~~ILNAWGJ SGC online zoom meeting - Canceled~~
- July 26 - August 11 - Summer Olympic Games
- Sept 2 - Flipping Education - Judge's JumpStart
- Sept 14 - ILNAWGJ SGC in-person meeting
- Sept 21-22 - IL State Congress
- Sept 28-29 - Region 5 Symposium - Noblesville, Indiana
- Oct 11-13 - Forward Momentum Camp at Phenom Gymnastics
- Nov 8-10 - Illinois Judges Cup
- Dec 1 - Flipping Education - I'm Dreaming of a Great Optional Season

INFORMATION REGARDING PATRICE'S

Celebration of Life

Saturday July 6th

9:30am

Maryhill Catholic Cemetery

8600 N. Milwaukee Ave

Niles, IL

(Private-family & invited friends only)

Visitation 11a-3p

Celebration Service 3p-4p

Glueckert's Funeral Home

1520 N Arlington Hts Rd

Arlington Heights

*The sharing of memories will continue afterwards
at our house & long into the night.*

TOP NEWS

- ALL MEMBERSHIPS EXPIRE JULY 31ST
- WAIT UNTIL AUGUST 1ST TO RENEW SAFE SPORT UNLESS YOU WILL BE PARTICIPATING IN USAG SANCTIONED EVENT BEFORE AUGUST 1ST
- CPE FORMS AND ALL MEMBRSHIP RENEWALS MUST OCCUR BEFORE YOU ARE ELIGIBLE FOR MEET ASSIGNMENTS
- CPE CREDIT OPPORTUNITIES AT REGIONAL CAMPS ON PAGE 2
- VOLUNTEER FORM FOR REGIONAL CAMPS ON PAGE 3-4
- CPE CREDIT OPPORTUNITIES ONLINE WITH FLIPPING EDUCATION ON PAGE 5

After battling cancer for nearly four years, the love of my life, my wife for over 30 years, the mother of our son, finally quit fighting. She was the strongest, toughest woman that I have ever known, yet with the kindest & most gentle soul. She was my rock, my anchor, my constant companion. Now I feel lost, completely adrift, and so alone without you. Finally, you are resting peacefully, pain free - it's my time to bear a different sort of pain, one that never heals completely, but hopefully becomes more tolerable over time. I've got to believe that, because right now it's ripping me up inside! I always believed we'd be side by side for the next 30 years. I don't know how I'll be able to do it without you. I miss you so much right now, and I love you - forever! ❤️ 6/7/62 - 6/4/24



FORWARD MOMENTUM CAMP 2 OCTOBER 11-13, 2024

Qualifications

Competed Level 7-10 in previous season and achieved a 36.00 AA in any competition

Reservations will be accepted up to 1 month before each camp or until camp is full, whichever comes first. Camps size is limited to 120 gymnasts per session of camp. Please note that your registration is not considered accepted until your payment is received. Registrations are accepted in order of payment/postmark date.

Coaches must attend along side their athletes. Registration will open June 10.

The athletes coaches/club will need to register the athletes through the USA Gymnastics reservation system.

Location

Phenom Gymnastics
Oswego, Illinois

Checks Payable to:

Region 5 USA Gymnastics

Mailed to:

Tami Schaafsma
8030 East Paris Ave SE
Caledonia, MI 49316

Link to...
**REGION 5
TRAINING CAMPS**



Do you
need?

CPE Requirements – National
Association of Women's
Gymnastics Judges

Are you
interested?

J301 2024-26 Level 8
Educational Course

REGION 5 TRAINING CAMPS VOLUNTEER FORM

If you would like to volunteer for a Region 5 Training camp, please fill out the form below and email to suekanegymoh@gmail.com. Each camp is 2 different camps on the same weekend. One will be Friday afternoon and Saturday morning and the other Saturday afternoon and Sunday morning. Currently, only one judge will be assigned to each event (vault, bars, beam and floor) in a leadership position. If other positions come available, I will let you know.

Brevet and National judges, you must also fill out and submit a Leadership form in advance. Max is 6 credits per camp. You must interact with athletes to be awarded leadership credit, not just observe. Please list a first and second choice. Assignments will be done on a first come first served basis. If there are conflicts, I will reach out to you. If you have already reached out to me, please submit a form to me with your event preference.

You may attend any camp to get volunteer hours.

Name: _____

August

August 9-10, 2024. Buckeye Gymnastics, Westerville, Ohio (**High tech will be Friday and Saturday morning and High Performance will be Friday and Saturday afternoon/evening)

Level 10 High Tech/High Performance- Friday

Event preference: Vault ____ Bars ____ Beam ____ Floor ____

Level 10 High Tech/High Performance - Saturday

Event preference: Vault ____ Bars ____ Beam ____ Floor ____

September

September 6-8, 2024. JPAC, Greenfield, Indiana

Hot Shot/TOPS

Event preference: Vault ___ Bars ___ Beam ___ Floor ___

Session 2

Event preference: Vault ___ Bars ___ Beam ___ Floor ___

September 20-22, 2024. Mid Michigan Gymnastics, Freeland, Michigan

Level 9 High Tech

Event preference: Vault ___ Bars ___ Beam ___ Floor ___

Level 9 High Performance

Event preference: Vault ___ Bars ___ Beam ___ Floor ___

October

October 11-13, 2024. Olympia Gymnastics, Shelby Township, Michigan

Forward Momentum

Event preference: Vault ___ Bars ___ Beam ___ Floor ___

Session 2

Event preference: Vault ___ Bars ___ Beam ___ Floor ___

October 11-13, 2024 Phenom, Oswego, Illinois

Forward Momentum

Event preference: Vault ___ Bars ___ Beam ___ Floor ___

Session 2

Event preference: Vault ___ Bars ___ Beam ___ Floor ___

November

November 8-10, 2024 Energym, Sycamore, Illinois

Level 6/Xcel

Event preference: Vault ___ Bars ___ Beam ___ Floor ___

Session 2

Event preference: Vault ___ Bars ___ Beam ___ Floor ___

JUDGES JUMPSTART

SEPTEMBER 2, 2024

5pm - 8pm EST

COST: \$30.00

(Discount listed below for both clinics)

CLINICIANS:

Jane Caruso:

Using The Changes In Xcel

Nicole Otterson:

**Balance Beam, Start, Stop,
Connect**

Linda Thorberg:

**Level 8-10 Floor Exercise
Up To The Level**

Registration directions at the
bottom of the page.



I'M DREAMING OF A GREAT OPTIONAL SEASON

DECEMBER 1, 2024

4pm - 8pm EST

COST: \$40.00

(Discount listed below for both clinics)

CLINICIANS:

Christmas Cookie Batsche:

**"Nutcracker Nimbleness:
Beam Routines for the Holidays"**

Evelyn Angel Chandler:

**"Deck the Bars:
Holiday Techniques for Uneven Bars"**

Linda Twas' the Night Before My Birthday, Thorberg:

**Vaulting Through the Snow:
High-Flying Christmas 6/7 Vaulting**

Tiny Tom Don't send me Koll:

**"Compulsory Carols:
Fine-Tuning Your Holiday Performances"**

Buddy Brant Lutska the Elf:

"Mistletoe Moments"

Please go to **WWW.FLIPPINGEDU.COM**

Click on Workshops at the top of the page.

You can either register for one clinic or receive a discount off you register for both.

September 2nd is \$30.00 (3 CPE Credits) or December 1st is \$40.00 (4 CPE Credits)

If you register for both the cost is \$60.00 (7 CPE Credits) recording last for one month.

Once registered, save the email. The login information is included in that email.

If you have any questions please text Brant at 724-469-0410

ARE YOU A NEW MEET REF ?

I JUST FOUND OUT I'M A MEET REFEREE.
WHAT DO I DO?
HERE ARE GREAT LINKS TO HELP...

[IL MEET REFEREE CHECKLIST](#)

[IL MEET REFEREE JUDGES MEETING TEMPLATE](#)

ARE YOU A NEW JUDGE ?

Please contact me, Christi Kearns if you are a new judge. I can help assign you to a mentor!

educationchristi@gmail.com

Link to Updates

<https://nawgj.org/https-usagym-org/updates/>

NATIONAL LINKS

- [Category Description & Eligibility Criteria - USA Brevet & National](#)
- [Brevet Course Eligibility Form](#)
- [National Course Eligibility Form](#)
- [Documentation - USA Brevet & National](#)
- [Activity Involvement - USA Brevet & National](#)
- [Leadership Approval Form - USA Brevet & National Eligibility Course- Leadership Credit](#)

"IN"

IL NAWGJ Committee Contact Information

- Heather Forbes - State Judging Director (SJD)
 - ilsjdheather@gmail.com
- Tanya Chmielewski- Administrative Assistant
 - tanya.ilnawgjadmassist@gmail.com
- Christi Kearns-Education Chairperson
 - educationchristi@gmail.com
- Sharon Sargeant- Judges Cup
 - judgescupsharon@gmail.com
- Sue Woloszyk-Financial Assistant
 - financialsuew@gmail.com
- Richard Sabel - Webmaster
 - ilwebmasterrichard@gmail.com
- Billy Gurin- Assignor
 - assignerbilly@gmail.com
- Sue Brosnan - Assignor
 - ilnawgjassignorsusan@gmail.com
- Cheryl Schuh - Assignor
 - assignercheryl@gmail.com



[LINK to Updated AAU Rules](#)

IMPORTANT TECHNICAL LINKS

- [Joint Xcel/Technical Committee meeting minutes - May 16, 2023](#)
- [Xcel Committee minutes - May 16-17, 2023](#)
- [Joint Dev Program/Technical Meeting Minutes - May 15, 2023](#)
- [Dev Program Committee meeting minutes - May 15, 2023](#)
- [Technical Committee minutes - May 15-17, 2023](#)