

LEVEL 10 PRACTICE JUDGING TEST
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GENERAL

1. Which is not part of the Start Value?
 - a. No dismount deduction
 - b. Special Requirements
 - c. Beginning exercise before the signal
 - d. Bonus
2. Which of the following Chief Judge deductions is CORRECT?
 - a. Improper equipment 0.5
 - b. Spotting assistance 0.5
 - c. Incorrect attire (after a warning) 0.1
 - d. Lack of presentation to any judge after the routine 0.1
3. What is the Start Value for a routine with 3 A's, 2 B's, 3 D's and 2 E's?
 - a. 9.4
 - b. 9.8
 - c. 9.9
 - d. 10.0
4. Which of the following is INCORRECT pertaining to Value Part credit?
 - a. An element repeated a second time in the same connection receives VP credit.
 - b. Saltos with different body positions receive different VP credit.
 - c. Different numbers in the Code of Points are considered different VP.
 - d. Saltos with different degrees of twist are considered different VP (i.e., 2/1 vs. 2 1/2 twist).
5. What is the final average when the 4 judges scores are 8.2, 8.6, 9.5, 9.5?
 - a. 9.05
 - b. 9.0
 - c. 9.1
 - d. The scores are out of range
6. When flashing Start Values, what is the proper procedure for all judges?
 - a. The Chief Judge flashes her score, followed by everyone else.
 - b. Judges must agree on Start Value.
 - c. A conference must be called if there is an impossible SV flashed.
 - d. A judge may change her score if she sees she made a mistake with the SV.
7. Which of the following maximum deductions are INCORRECT?
 - a. Leg separation up to 0.2
 - b. Missing a Special Requirement 0.5
 - c. Legs crossed during a twisting element up to 0.2
 - d. 3 steps and a fall upon landing 0.8

VAULT

8. Which of the following will result in a VOID vault?
- Performing a vault other than the one called.
 - A gymnast performs a Yurchenko vault without a safety zone mat.
 - A gymnast balks twice, then goes over on the third run.
 - The gymnast is spotted on the landing.
9. Which of the following MAXIMUM landing deductions are CORRECT?
- | | |
|--|-----------------|
| a. Total absence of extension on landing | <u>0.3</u> |
| b. Extra arm swing | <u>0.1</u> each |
| c. Prescribed LA turn incomplete by 60 | up to 0.3 |
| d. Deviation from a straight direction | up to 0.2 |
10. Which of the following is CORRECT?
- A slight arm bend of the lead arm is allowed for all Group 3 (Tsukahara) vaults.
 - The head contacting the table during the support phase is 2.0 including the arm bend.
 - There is no deduction for alternate repulsion with 3/4 on 1/1 off vaults with a salto.
 - All are correct.
11. Which of the following is the SMALLEST deduction?
- Under-rotation of salto vaults.
 - Brush of head/body on table during post flight.
 - Arched body on the first flight.
 - Insufficient length.

BARS

12. Which of the following would NOT result in a deduction for Insufficient Distribution?
- Back giant 1/2, front giant 1/2, double back tuck dismount
 - Back giant 1/1, double back tuck dismount
 - Clear hip hand. toe front salto tuck dismount
 - Back giant 1/1, clear hip hand, toe front salto tuck dismount
13. Which of the following is NOT a Special Requirement for Level 10?
- A "C" LA turn, excluding the mount and dismount.
 - A "C" flight element.
 - 2 bar changes.
 - A different "B" flight element.
14. Which of the following Special Compositional Deductions is INCORRECT?
- | | |
|--|-----------|
| a. Insufficient distribution | Up to 0.2 |
| b. Variety of elements & connections | Up to 0.1 |
| c. Release elements up to the competitive level | Up to 0.2 |
| d. Failure to perform both forward and backward elements | 0.05 |

15. How much bonus would be awarded for the following sequence?
- clear hip handstand on LB
 - stalder handstand on LB
 - toe shoot to HB
- a. None
b. 0.1
c. 0.2
d. 0.3
16. Which of the following is NOT a “D” release?
- a. Tkatchev
b. Piked Jaeger
c. Pak salto
d. From handstand on HB, bail to hand on LB
17. What is the total CONNECTIVE value bonus awarded for the following?
- Giant half pirouette
 - Piked Jaeger
 - Bail to handstand on LB
- a. 0.2
b. 0.3
c. 0.4
d. 0.5
18. Which of the following dismounts would fulfill the Special Requirement?
- a. Underswing 2/1 full twist
b. Flyaway 1/1
c. Cast near handstand, front forward tucked
d. Front flyaway 1 1/2 twist
19. What is the correct Value Part and Connective Bonus for the following sequence?
- Cast handstand hop in handstand on HB
 - Slip grip front giant to handstand on LB
 - Stalder handstand
- a. CDD +.3 bonus
b. CCC +.2 bonus
c. CDC +.1 bonus
d. CDC +.2 bonus
20. How many of the following are “C” elements?
- L grip front giant
 - Bail from handstand to handstand on LB
 - Comaneci dismount
 - Giant full pirouette
- a. 1
b. 2
c. 3
d. 4

BEAM

21. Which of the following DOES NOT fulfill the dismount Special Requirement?
- Roundoff, double full
 - On the beam, flipflop, layout step-out, full twist dismount.
 - Front layout
 - Front layout 1 1/2 (Rudi)
22. Which of the following deductions is CORRECT?
- The only forward/backward skill is the dismount 0.1
 - Insufficient distribution Up to 0.1
 - Choice of acro elements up to the competitive level Up to 0.1
 - Lack of balance of dance/acro Up to 0.1
23. What is the correct Value Part and TOTAL bonus of the following sequence?
- Flipflop, one arm flipflop, layout step-out, split jump
- BCCB 0.3
 - BCCB 0.4
 - BBCB 0.3
 - BBCB 0.4
24. Which of the following fulfills the acro series Special Requirement?
- Back walkover, back tuck full
 - flipflop, one arm flipflop
 - Layout step-out, layout step-out
 - All fulfill the requirement
25. How many of the following are “C” Value Parts?
- Full turn in wolf position
 - Double turn
 - Full turn in arabesque, thigh at horizontal
 - 1/2 illusion
- 1
 - 2
 - 3
 - 4
26. Which of the following will earn 0.2 TOTAL bonus?
- Flipflip, flipflop, double full dismount
 - Switch leg, switch side
 - Tuck jump, tuck 3/4
 - Switch leg, tuck back
27. Which of the following is a “D” element?
- A sheep jump with feet at the upper back height.
 - Tuck jump 1 1/2 twist
 - Double back tuck dismount
 - A full illusion

FLOOR

28. Which of the following is a Special Compositional Deduction?
- 3 different saltos
 - 2 directly connected dance elements
 - a "B" turn
 - 3 acro series
29. Which of the following will get 0.2 TOTAL bonus?
- Switch leg, switch side
 - Front lay, front full
 - Tuck front, round-off, flipflop, double back tuck, front tuck
 - Round-off, triple full, sissone
30. Which of the following are awarded "C" Value Part?
- Switch ring leap
 - Wolf jump 1 1/2 turn
 - Front layout 1/2
 - Cat leap 2/1
- 1
 - 1 and 2
 - 2 and 3
 - All
31. Which of the following compositional deductions is CORRECT?
- | | |
|---|-----|
| a. Lack of a "B" turn | 0.1 |
| b. Failure to perform saltos or aerials in forward/sideway and backward | 0.1 |
| c. Poor footwork in non VP throughout | 0.3 |
| d. Artistry | 0.2 |
32. What is the correct Value Part and TOTAL bonus for the following sequence?
- Front full, front layout, front layout
- | | |
|--------|----------|
| a. CBB | +0.3 |
| b. CBB | +0.2 |
| c. CAA | +0.1 |
| d. CAA | No bonus |
33. Which of the following deductions is INCORRECT?
- | | |
|--|------------|
| a. Acro elements not up to the competitive level | Up to 0.2 |
| b. Lack of a "C" turn on one foot | <u>0.2</u> |
| c. Lack of a "C" acro element in the routine | <u>0.3</u> |
| d. Lack of balance between acro and dance elements | Up to 0.2 |
34. Which of the following is NOT an "Up to 0.1" deduction?
- Incorrect rhythm during execution of direct connections
 - Failure to perform Group 2 turns in high relevé
 - Lack of precision in dance Value Parts
 - Poor relationship of music and movement throughout
35. Which is a TRUE statement concerning the Special Requirement of 3 different saltos?
- Aerials cannot be used to fulfill that requirement.
 - That requirement can be fulfilled in one tumbling pass.
 - A salto does not need to be in an acro series to count as one of the different saltos.
 - All are correct.

ANSWERS

- | | | | | | |
|------|-------|-------|-------|-------|-------|
| 1. c | 7. d | 13. c | 19. d | 25. b | 31. b |
| 2. d | 8. b | 14. a | 20. a | 26. d | 32. a |
| 3. c | 9. a | 15. c | 21. c | 27. a | 33. b |
| 4. a | 10. d | 16. b | 22. b | 28. c | 34. d |
| 5. d | 11. a | 17. b | 23. b | 29. b | 35. d |
| 6. c | 12. b | 18. d | 24. d | 30. a | |

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